

INFORMATION PACKET First-Year Students

WINTER 2023-2024

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Spring 2024 Academic Calendar

	FULL SEMESTER DATES
Last day to Apply for MAY 2024 graduation	December 1
University Closed	January 1
Deadline for payment of tuition and fees	January 4
Late registration fee of \$150 will be assessed	January 5
Last day to be added to a waitlist for a course	January 12
Martin Luther King's Birthday-University Closed	January 15
Last day to apply for a Leave of Absence, Spring 2024	January 24
First day of classes-Spring 2024	January 25
Program Adjustment-Drop/Add courses for the Spring 2024	Jan. 25 - Feb. 1
Last day to request the Pass/Fail or Audit Option, email Registrar@wpunj.edu	January 26
Last day for 100% refund (of refundable charges) for dropping from a full semester course for Spring 2024.	February 1
Enrollment confirmation due	February 3
Spring Census-Close of Business	February 7
President's Day- University Closed, classes not in session	February 19
Last Day for 50% refund for withdrawal from a full semester course for Spring 2024 semester	March 9
Spring Break, University is open, classes are not in session	March 18-24
Holiday, University Closed	March 29-31
Last day for 0% refund for academic withdrawal from a full semester course for Spring 2024 semester (NO REFUND)	April 12
Last day to withdraw from the university for Spring 2024	April 30
Spring 2024 semester ends	May 15
Undergraduate Commencement Ceremony	TBA
Graduate Commencement Ceremony, Sports and Recreation Center	TBA
Grades Due	May 22
Summer Session Begins	May 28
Last day to apply for the August 2024 graduation	June 1

Spring Academic Calendar

William Paterson University Honors College

SPRING HEST-YEAR HEETINGS

Attend one session of each meeting (1 and 2)

Meeting One February 5th at 5pm February 7th at 9:30am February 8th at 12:30pm February 9th at 11am

Meeting Two March 7th from 1pm to 3pm

PLAN YOUR ATTENDANCE NOW!



Spring Semester Reminders

Watch your email for registration details.

Check your WP email account at least once every day. The University will notify you by email about important information (changes to spring courses, payment/billing issues, missing documents, etc.).

Remember to pay your bill on time. Do not risk having your spring classes dropped! If you are dropped from your classes due to payment issues, you will lose the great course schedule that you registered for back in October, and it will be difficult (if not impossible) to get the classes back.

You may register for Summer 2024 courses now. If you are interested in taking a summer course, please speak with your advisor.

You are required to attend a minimum of **two** first-year meetings. See dates on previous page.

Attend at least **three** Honors Research Week presentations in April. Honors Research Week will be held April 15th-19th.

HOW TO: Check Final Grades

- 1.Log on to WPConnect and select the **"Student"** tab.
- 2.Under the "My Degree" heading, select the "Final Grades" tab.
- 3.Select "Fall 2023" from the drop down box.

This drop down may not be available until January 2024 or later

My Degree						
Status:	Active	Active				
Class:	Graduate	Graduate				
Degree:	Master of Science	Master of Science				
College:	Science & Health	Science & Health				
Program:	MS Communication Disorders					
Major:	Communication Disor	Communication Disorders				
Financial Aid SAP Status:	Award Aid	Award Aid				
🛱 Add, Declare, or Change Major						
🛱 Add, Declare,	茾 Add, Declare, or Change Minor					
Change to or from WP Online						
C Degree Works (New Dashboard)						
Degree Works (Classic Dashboard)						
(A) Final Grades						
Early Assessment						
🖹 🛛 Request Officia	l Transcript					

HOW TO: Add/Drop Courses



WELCOME BACK! The first day of classes for the Spring 2024 Semester is JANUARY 25th

Everything you need to prepare/register for your class will be under the "My Registration" tab in WPCONNECT.

PAY YOUR BILL

January 4th is the deadline to pay your Spring semester tuition

HOW TO: Use Navigate

Navigate for students can be found in your WPUNJ Apps on WPConnect.

You can schedule appointments with your advisors and join study groups with students in your class.

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¢ Q	To-Dos and Events Appointments	Арро	ointments			Schedule An Appointme	ıt	
28 28	Study Buddies Resources	My Aj	ppointments	My Team History				
© ∧	Surveys Notifications							
_∧ ₽0)	Holds Class Schedule		Upcoming					
8 0	My Major Favorites				•*+ •			
0	Help							
	Account				No Upcoming Appointments Yet!			

HOW TO: Buy Textbooks



- 1.Log on to WPConnect and select the "Student" tab.
- 2. Under the heading "My TextBooks" select Purchase textbooks

This will take you to a screen that shows the textbooks your professors have listed for each individual course. You can purchase them online and have them shipped to you, or you can pick them up in the bookstore. If you are picking up textbooks in the bookstore, be sure to bring the email confirmation.

Alternatively,

- 1. Search: https://www.bkstr.com/williampatersonstore/home
- 2. Select Term "Spring 2024"
- 3. Enter your course information:





Epidemiology 101 (w/Navigate2 Advantage Access) \$57.82 to \$88.95

Edition: 2nd ISBN: 9781284107852 Author: Friis Publisher: Jones & Bartlett Learning Formats: BryteWave Format Before purchasing a textbook, cross reference the course syllabus with the bookstore website for accuracy

The textbook your professor has selected for that course will appear and you can then purchase/ rent your textbook.

The ISBN can be used to find the same textbook on other sites such as CHEGG, Amazon, Barnes and Noble etc.

HOW TO: Get Involved



Each student is required to participate in 7 hours of civic engagement per academic year. For first-year students, the only events that count toward this requirement are events organized by:

The Honors College The Honors College Club Events recognized by a UCC Area 5 course Events that students register for through <u>Pioneer Life</u>

The Honors College will accept the number of hours for each event posted in Pioneer Life or by Student Activities

To find out more about events, performances, organizations, or clubs on campus, please visit <u>Pioneer Life</u>.

Download the <u>Corq app</u> to search for social, cultural, educational and/or civic engagement events!

corq

Find out which events have free food and give-aways all at your fingertips!

How To: Get Involved

HOW TO: Find a Job/Internship

To find and apply for jobs on campus, use

"Hiretouch":

- 1.Go to the "Student" Tab on WPConnect
- 2. Scroll down to "Careers and Campus Jobs"
- 3. Select "Hiretouch"

To apply for off campus jobs and internships use "Handshake":

- 1.Go to the "Student" Tab on WPConnect
- 2. Scroll down to "Careers and Campus Jobs"
- 3. Select "Handshake: Job & Internship Portal"

Benefits of Handshake:

- Find out about campus career events!
- Access the career center for resume checks, mock interviews, and career planning!
- You can search for employers and employers can also reach out to you about opportunities!
- Find jobs and internships for every path!

For more resources visit: <u>The Career Development Center</u>

HOW TO: Self Care



Take Care of your Body \mathbf{X}

Maintaining your physical health is a crucial factor in keeping your mind healthy. Eating a wellbalanced and nutritious diet can boost your immune system and lower the effects of stress on the body. Incorporating exercise with a healthy diet will also help improve your mood by producing endorphins.

Take a Break from News and Social Media

It's important to know when to unplug before it starts affecting your mental health. You can stay informed by checking in from time to time, but don't overdo it by continuously refreshing social media throughout the day. This can increase feelings of fear and anxiety.

Make Yourself a Priority z^{z^Z}

Remember to put yourself first when you feel overwhelemed or stressed. Always make sure to prioritize your sleep, diet, and mental health. A healthy mind will help you succeed!

Go Outdoors

Not getting enough sunlight can result in a drop in serotonin levels, which directly affects your mood. Low levels of serotonin can also lead to symptoms of depression. Going outdoors for at least an hour every day will allow you to get fresh air and improve your mental well-being.

Listen to Music 🧺

One of the most convenient ways to relieve stress is to listen to music. Music has many therapeutic benefits; it helps lower anxiety and depression levels, ease muscle tension, and enhances your mood. Start your morning by listening to a playlist with your favorite songs to help you de-stress.



Setting goals helps define priorities and improves self-confidence and motivation. Make sure to write down the goals you want to set and how you want to accomplish them. Not only will this help you stay organized, but it will also allow you to keep track of your progress towards achieving the goal.

WEATHER RESET

HONORS IS SHARING THEIR TOP TIPS FOR TAKING A BREAK AND MAKING SURE YOU START THE SPRING SEMESTER FEELING RELAXED AND PREPARED.



TAKE A BREAK FROM YOUR DEVICES

Sometimes our devices can make us feel overwhelmed and stressed out. Winter break is a great excuse to step away from our emails and social media.



DO SOMETHING THAT MAKES YOU HAPPY

Take advantage of fun local activities planned in your town. Find a local ice skating rink or other winter festivities and attend with friends and family. You may also just want to revisit an old hobby or catch up on your favorite show and books.



MAKE TIME TO SPEND WITH YOUR FRIENDS AND FAMILY

• With less school work, this is a great time to catch up with friends and family who you haven't seen in a while.

PREPARE FOR THE UPCOMING SEMESTER

This a great time to be proactive and get yourself organized for the upcoming semester. Our #HonestWithHonors best advice: get a planner!

Winter Weather Reset

Honors Office Assistants



HELEN Medicinal Biochemistry Maior

Honors Track: Global Public Health Hobbies: cooking, reading Campus Involvement: Public Health and Chemistry research



JESS Pscyhology Major

Honors Track: Cognitive Science Hobbies: discovering music Campus Involvement: Chamber Choir



EMILY Political Science and Media Production Major

Honors Track: Performing and Literary Arts Hobbies: photography Campus Involvement: Phi Theta Sigma



Speech and Language Pathology Master's Program

Hobbies: gardening and traveling

The Honors Office Assistants answer the phone, respond to the honors@wpunj.edu email, greet people in the office and attend Honors events. They are another great resource and are happy to help!

Honors Office Assistants

STUDEZT ATHLETE

Honors Office Contact Information

Location: Raubinger Hall 207 Phone Number: 973-720-3657 Email: honors@wpunj.edu

@WPUHONORSCOLLEGE

@WPHONORS



Honors College William Paterson University

WILLIAM PATERSON UNIVERSITY HONORS COLLEGE @wphonorscollege

HONORS COLLEGE WPUNJ

Helpful Tools and Resources: Pioneer Card

How to check your pioneer card balance:

- 1.Log in to WPConnect
- 2.Click on the <mark>"Student</mark>" Tab
- 3. Under the "Campus Life" heading, click "Pioneer Express Card"

Balances can also be viewed on the GET app

Balances will transfer over from Fall to Spring, but they do not transfer over from the Spring semester to the Fall semester of the next academic year





STUDENT ATHLETE

Helpful Tools and Resources: Organization

Use Google Calendar and/or Google Tasks to keep track of your schedule

Microsoft OneDrive (Similar to Google Drive) can be used to create documents, powerpoints, and other files This feature is included in the free Microsoft package associated with your student account

Paper planners are great organizational tools to list and prioritize assignments, meetings and anything else going on during the semester

Helpful Links

<u>Honors Handbook</u>

Lost ID

<u>Reserve a Study Room</u> <u>Print from Anywhere on Campus</u>

Shuttle Information

Academic and Campus

esources

Math Learning Center

Science Hall East Room 3036

What it Offers:

- The Mathematics Learning Center provides academic support in
- Mathermatics courses up to Calculus II. Walk-in available, no appointments necessary
- Tutors can help review a quiz or exam, prepare formula sheets, practice example problems, and more!

Writing Center

- 45-minute sessions
 Some consultants also offer "e-tutoring" sessions where you drop off your assignment and current draft. Comments can be sent back within one day.
- Help with reviewing assignments, brainstorming, getting started, expanding ideas, revising early drafts, crafting



- <u>Study Groups</u>: Collaboration with a facilitator and peers to discuss and review course content for a specific student at the same time each week by
- Walk-ins: No appointment necessary
- Workshops: face-to-face and video workshops specfically designed to help student succeed in the





What it offers:

Students receive both one-on-one time and group-oriented assistance for a wide range of lower-level and upper-level courses; as well as for developmental skills for mathematics and reading courses.

> Website: www.wpunj.edu/academics/asc

David & Lorraine Cheng Library

Website: https://www.wpunj.edu/library



- What it offers: Provides a large variety of books and
- media that can be borrowed. Extensive database to support students
- in research, papers, etc. Contains the Academic Success Center
- and the Curriculum Materials Center
- Several study rooms that can be reserved or "first-come, first-serve



Career Development Center

preparation, as well as employment and mentoring

Academic and Campus Resources

Academic and Campus Irces

Student Enrollment **Services**

ORRISON HAT

Morrison Hall Room 104

What it offers: Answers questions regarding financial aid, scholarships, financial literacy, billing and payment, installment plans, and record/select registration services

Website: https://www.wpunj.edu/centerss/



What it offers: Through primary health care, personal couneling, health education, prevention services and co-curricular educational opportunities, this center assists students in achieving success in their academic experience and life goals.

Center

DEST ATHLETE

Center of Diversity & Inclusion

- more about their personal identity(s), appreciate the uniqueness of others, and contribute to the creation of a more just
- Website:https://www.wpunj.edu/diversity-and-inclusion/

Academic and Campus Resources